

The background features a stylized illustration of a winter scene. At the top, there are icicles hanging from a light blue horizontal band. Below this, the words "FIRE & ICE" are written in large, bold, black letters with a jagged, flame-like top edge. The word "FIRE" is filled with a blue-to-orange gradient, while "ICE" is filled with a light blue-to-white gradient. Below "FIRE & ICE", the words "Food and Spirits" are written in a black, serif font. The bottom half of the background is filled with a yellow and orange flame-like pattern.

FIRE & ICE
Food and Spirits

Family Restaurant

Food and Spirits

Hours:

OPEN DAILY

7:00AM - 3:00PM

253 N. Main St., Gloversville, NY 12078

Phone: (518) 775-1600

Email: fifs@frontiernet.net



BREAKFAST MENU

Eggs

- 2 Eggs** –any style
Served with toast and home fries. \$2.55
- 2 Eggs** –any style
Served with toast and home fries
with choice of bacon, ham, or sausage. \$4.55
- 2 Eggs**-any style
Served with toast and home fries
with corn beef hash. \$5.50

Pancakes

- Buttermilk Pancakes** (3) \$3.95
With choice of bacon, ham, or sausage. \$4.95
- Short Stack Pancakes** (2) \$2.95
With choice of bacon, ham, sausage. \$4.25
- Pancake Deluxe**
2 Pancakes, 2 eggs any style, and your choice of
bacon, ham, or sausage. \$5.95



Real Blueberries or Chocolate Chips
Add \$.50

French Toast

- French Toast** (4) \$3.95
With choice of bacon, ham, or sausage. \$4.95
- French Toast** (3) \$2.95
With choice of bacon, ham, or sausage. \$4.25
- French Toast Deluxe**
2 Slices of french toast, 2 eggs any style,
and your choice of bacon, ham, sausage. \$5.95

The Morning Sampler

1 Pancake, 1 slice of French toast, 2 slices of bacon,
1 sausage link and 2 eggs any style.
\$5.95

Specialties

- Sausage Gravy and Biscuits** \$4.95
- Fried Egg Sandwich on a Hard Roll**
Served with home fries. \$2.95
- Add cheese \$.45
Add a choice of meat \$.75
Substitute hard roll for a bagel
or english muffin \$.55

Omelets

- The Great Western Omelet**
Ham, peppers, and onions
with toast and home fries. \$4.95
- Farmer's Omelet**
Bacon, ham, sausage, and onions
with toast and home fries. \$5.95
- The Delightful Eastern Omelet**
Ham, and peppers
with toast and home fries. \$4.95
- The Robust Veggie Omelet**
Mushrooms, onions, peppers, broccoli,
and tomatoes
with toast and home fries. \$6.05
- The Unforgettable Ham Omelet**
With toast and home fries. \$4.95
- 3 Cheese Omelet**
Swiss, American, and Mozzarella cheese
with toast and home fries. \$6.05
- The Lean Mean Sausage Omelet**
With toast and home fries. \$5.10
- The Best Bacon Omelet**
With toast and home fries. \$4.95

Sides & Extras

- Assorted Cereal \$1.50
Bagel \$.95
With cream cheese \$1.20
English Muffin \$.80
Cheese in your omelet \$.45
Egg Beaters \$.75
Egg Whites \$.75
Extra Egg \$.65
Side of Sausage, Ham, or Bacon \$1.95
Side of Home Fries Small \$1.35
Large \$1.65

Homemade

- Cinnamon Twists** \$1.10
Muffins \$1.10
Blueberry or Corn

APPETIZERS

Breaded Mushrooms		\$4.95
Onion Rings		\$3.75
Chicken Wings	hot, mild, or plain	
6 piece		\$3.95
12 piece		\$5.95
Jalapeño Poppers		
6 piece		\$3.95
Mozzarella Sticks		
6 pieces		\$4.15
Chicken Tenders		
3 pieces		\$3.75
Soups of the Day		
cup		\$1.50
bowl		\$1.95

SIDE DISHES

Small Side of Fries		\$1.45
Large Side of Fries		\$1.75
	With or without gravy.	
Pizza Fries		
	Fries covered in marinara sauce and melted cheese.	\$2.25
Sassy Fries		
	Fries covered in melted cheese.	\$2.10
Macaroni Salad		
	With or without gravy.	\$2.25
Real Mashed Potatoes		
	Served with gravy.	\$1.95

DRINKS



Soda

All Sodas come with 1 free refill
\$1.50

Mountain Dew, Diet Pepsi, Pepsi,
Sierra Mist, Ginger Ale, and Club Soda

Dairy

Milk
Chocolate Milk

Small \$1.25 Large \$1.75
Small \$1.50 Large \$2.00

Energy Drink!

AMP by Mountain Dew
\$2.75

Juices & Teas

Iced Tea (unsweetened)		Large \$1.50
Orange Juice	Small \$0.95	Large \$1.75
Apple Juice	Small \$0.95	Large \$1.75
Grape Juice	Small \$0.95	Large \$1.75
Cranberry Juice	Small \$0.95	Large \$1.75

Hot Drinks



Tea	\$0.85
Coffee	\$0.95
Hot Chocolate	\$0.90

Bottled Water

20oz. Aquafina \$1.50

DESSERTS

Rice Pudding	\$1.95
Jell-O	\$1.25
Vanilla Pudding	\$1.95
Chocolate Pudding	\$1.95
Chocolate Cake	\$2.25
Cheesecake	\$2.85
Cherry Pie	\$1.85
Apple Pie	\$1.85
Chocolate Peanut Butter Pie	\$2.50



Sugar Free

Jell-O	\$1.50
Chocolate Pudding	\$2.00
Apple Pie	\$1.95

CHILDREN'S MENU

For children ages 12 and under

1 Egg - any style
With Toast and Home Fries



French Toast (2) **\$3.95**

Silver Dollars (6)

BREAKFAST

Assorted Cereal
of your Choice
with toast

\$1.75

All Children's Breakfast Meals Come with Milk.

Fire Patty with Fries
4 oz. Hamburger
Add Cheese for \$.45



\$3.75

Doggie on a Bun with Fries
1 Hot Dog with Mustard or Ketchup

LUNCH

3 Chicken Tenders with Fries
With BBQ Sauce or Ranch

Grilled Cheese Sandwich
With Chips



Peanut Butter & Jelly
With Chips

Desserts:

Cookies or Jell-O



Silly String Spaghetti
With Meatballs

All Children's Lunch Meals Come with Soda and a Choice of Dessert.

LUNCH MENU



All Meats are Home Cooked.

The Desirable Low Carb Plate

Roasted sliced turkey with melted swiss cheese.
Served on a plate with freshly sliced tomatoes.

\$4.95

Domestic Sandwiches

BLT Sandwich

Bacon, lettuce, and tomato.
Served with chips and a pickle.

\$3.95

Western Sandwich

Ham, peppers, and onions.
Served with chips and a pickle.

\$4.95

Add fries \$0.75

Seafood Specialty

Breaded Clam Strips

Whole center clam strips breaded and deep fried to perfection.
Served with fries and your choice of tarter sauce or cocktail sauce.

\$5.50

Fish on a Bun

Deep fried haddock served with tarter or cocktail sauce.

\$5.95

Homemade Deli Sandwiches

Your choice of ham, turkey, roast beef, or tuna on either white, wheat, or rye bread. All served with lettuce, and a side pickle.

With choice of fries or chips. \$5.95

Add Cheese \$0.45

Egg Salad will be made to order \$4.50

Specialty Sandwiches

All served with fries

Rachael Melt Deluxe

Roasted sliced turkey with melted swiss cheese and sauerkraut on toasted rye bread. Served with russian.

\$6.95

Rueben Deluxe

Corn beef with melted swiss cheese and sauerkraut on toasted rye bread with russian on the side.

\$6.95

Tuna Melt on Toasted Rye

\$5.50

1/2 Sandwich & Cup Soup

Any 1/2 sandwich of your choice with a choice of our daily soups.

\$3.95

Sizzling Sandwiches

All served with fries or chips.

Hot Open Faced Turkey Sandwich

Oven roasted, sliced thin, piled high and smothered with rich turkey gravy. \$5.95

Hot Open Faced Roast Beef Sandwich

Oven roasted, sliced thin, piled high and topped with rich homemade beef gravy. \$5.95

Grilled Cheese Sandwich

With Tomatoes \$4.45 With Ham \$4.75 \$4.00

Philly Cheese Steak Sandwich

Thinly sliced roast beef stuffed into a 6 inch sub roll with sautéed onions and marinara sauce. \$6.95

Hot Meatball Parmesan

Hot meatballs served in a 6 inch sub roll and marinara sauce with cheese on top. \$4.95

Grilled Chicken Sandwich

Your choice of plain, barbeque, teriyaki, or parmesan. All served on a hard roll. \$5.95

French Dip

Sliced roast beef, sautéed onions and melted cheese stuffed into an 8 inch toasted sub roll with au jus on the side. \$6.95

Fire & Ice Clubs

All served with fries

\$6.55

Primo Turkey Club

Homemade sliced roasted turkey, bacon, tomato, lettuce, mayonnaise, and a side pickle.

Beefy Roast Club

Homemade sliced roast beef, bacon, tomato, lettuce, mayonnaise, and a side pickle.

Tasty Ham and Cheese Club

Great Ham and American cheese with bacon, tomato, lettuce, mayonnaise, and a side pickle.

Belly Buster Club

Homemade roast beef, turkey, ham, bacon, cheese, tomato, lettuce, mayonnaise and a side pickle.

Taste of the Italian Side

Spaghetti, Ziti, Angel Hair, or Linguini



With Garlic and Olive Oil	Small \$3.75
	Large \$4.75
With homemade Marinara Sauce	Small \$3.75
	Large \$4.95
With Meatballs or Sausage	Small \$4.25
	Large \$5.95
With Peppers or Mushrooms	Small \$3.95
	Large \$5.95
With homemade creamy Alfredo Sauce	Small \$4.50
	Large \$6.25
With Grilled Chicken	Small \$6.00
	Large \$7.75
With Mushrooms or Broccoli	Small \$5.50
	Large \$7.25
Grilled Chicken Parmesan	
With choice of Pasta	\$7.95

Juicy Burgers



Pure beef patties served on hard rolls.

Classic Hamburger	\$3.50	Deluxe \$4.55
Cheeseburger	\$3.75	Deluxe \$5.25
Bacon-Cheese Burger	\$4.55	Deluxe \$6.25
Ultimate Pizza Burger	\$3.95	Deluxe \$5.25

Marinara sauce with melted cheese.

Deluxe meals come with onions, tomatoes, lettuce and fries or chips.

Delightful Salads

All iceberg salads are garnished with onions, tomatoes, and cucumbers.

Seasoned Grilled Boneless Chicken Salad	
Tender strips of chicken over a garden fresh iceberg salad.	\$6.95
Homemade sliced Roast Beef over Garden Fresh Iceberg Salad	\$4.95
Sliced Roast Turkey over Garden Fresh Iceberg Salad	\$5.95
Chef Salad	Small \$5.95 Large \$6.95
Roast beef, turkey, ham, and American cheese over iceberg lettuce.	
Freshly Tossed Garden Iceberg Salad	\$2.99

Choices of salad dressings:



Russian, Ranch, Italian, Blue Cheese, Peppercorn Ranch, and Light Creamy Italian

Wraps

\$6.95

Chicken Caesar Wrap

Grilled Chicken chunks wrapped with lettuce, tomatoes and caesar dressing.

Buffalo Chicken Wrap

Grilled chicken chunks wrapped with lettuce, tomatoes and buffalo sauce.

Turkey Wrap

Sliced roasted turkey wrapped with lettuce, tomatoes, and mayonnaise.

Veggie Wrap

Wrapped with peppers, onions, lettuce, and tomatoes.

All Wraps are served with fries or chips and a side pickle.